SEX OFFENDER TREATMENT

Sex offender treatment is focused on identifying the underlying forces behind the offending behavior, developing strategies for stopping the behavior, and taking responsibility for harm done through abusive acts. Treatment does not dismiss, minimize or excuse abusive acts, nor does it seek to punish or humiliate the individual. Effective sex offender treatment can significantly reduce the future risk of sexually abusing a child.

Empathy is a fundamental component in the treatment of sex offenders, as understanding and appreciating the feelings of others is essential in stopping the abusive behavior. The goal of sex offender treatment is to stop abusive behavior and move towards healthier thoughts and behaviors.